



Client Testimonials for Wynne Stallings, LMHC CAP, Qualified Supervisor

INDIVIDUAL THERAPY

"I'm grateful for finding you [Wynne]. I learned many many useful tools from every interaction I had with you. Thank you for encouraging me to work on myself, it is definitely the best thing I've done for myself and my family."

"With the grace of God -- Every day is filling up the pages of a new chapter in my life. Wynne is a "God-send" at this time of my life... Love her."

"After many years of numerous counselors and frustration, I found Wynne. She is by far the most caring therapist I ever met. Her approach to my issues was outstanding. She's the only therapist I could ever recommend!! My outlook on life and it's challenges has completely turned around."

"I came to Wynne...at the darkest hour of my life and she gave me direction and hope. Directed me to into caring for myself and a new life after my 25 year marriage ended."

"My counselor listens and has AMAZING insight. I always walk out having learned things about myself."

"My experience with SoulSpring Counseling has been such a blessing in my life !!! Very soon my therapy with Wynne Stallings helped me to find my voice! Wynne Stallings and her team exceeded all expectations. I just can't thank her and her team enough for their professional commitment to all aspects of wellness!"

"Wynne is an incredible therapist. She instantly made me feel safe and secure. She was patient with me and such a sweet soft soul."

"I've learned through Ms. Stallings that I do matter and I am capable of so much more. My children see the changes in me. I'm healthier and stronger as a result. God has provided beyond my expectations. Amen!"

“Wynne has been exceptionally helpful in my therapy... She helps me understand things in a way I have not been able to do before. I highly recommend her... THANK YOU WYNNE.”

COUPLES AND FAMILIES

“Wynne Stallings...was spot on with so many things...She taught all [in our family] better communication skills, to think of the impact of words and interactions, as well as skills to dig deeper into who we are and why we behave the way we do. The insight that Wynne helped to promote was amazing. She is truly one of the best counseling professionals that I have ever met and/or worked with on a personal level.”

“They are the best. Really helped me and my wife. Wynne is a top class professional that taught us a lot. We use the skills to this day.”

FAMILY WEEKEND PARENTS

“Thank you for your dedication to this profession and making all efforts to save people's lives. I feel I can leave [Family Weekend] with more knowledge and tools to use for our family in recovery.”

“[Wynne's] professionalism is outstanding, as is [her] dedication to the clients. WOW. I learned so much.”

“[The Family Weekend] was a very intense therapy but worth all the tears to see what I have done in my active addiction. It was an awesome experience.”

FAMILY ADDICTION COACHING CLIENT

“Thank you for your words of wisdom that still ring clearly in my head. I'm grateful for finding you at a time where I was ready and able to listen, understand and accept many of the ideas and concepts you put forth. Often enough, I share your wisdom with my Al-Anon friends and impress them! I learned many many useful tools and words from every interaction I/we had with you. I continue going to my meetings, have a sponsor, do service and have a network of strong program friends. Thank you for encouraging me to work on myself, it is definitely the best thing I've done for myself and my family.

My son celebrated one year of sobriety October 3rd. He has genuinely embraced recovery and is committed to working his program. Every time I talk to him, he amazes me and I feel uplifted by his positive energy. By God's grace, we have our son back. I am grateful beyond words. You helped me learn how to communicate with him with love rather than manipulate and control. That made it possible for him to open up to me like never before.”

TEEN CLIENTS

“Ms. Wynne... truly cared for me and what I was going through at the time. [She] is a patient listener as well. I have never felt more comfortable with a therapist like her. I recommend her to everyone, hoping that she will change their lives positively just as she changed mine.”

PARENTS OF TEEN CLIENTS

"SoulSpring counseling was very helpful to our family. Our daughter felt like she could open up and express herself."

"SoulSpring has truly helped our son navigate some difficult issues through the teenage years. A light at times that sparked enlightenment, self confidence, empathy or even forgiveness. I feel so grateful to have met SoulSpring for how they have strengthened our relationship with our son."